

ALL STUDENTS FAT FREE!

## HIGH SCHOOL WEEKLY MENU

Weekly Lunch specials...

MONDAY

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

FRIDAY

PENNE ALFREDO PASTA

**Dried Apple Crisps** 

**Baby Carrots** 

W/GARLIC KNOT

CRUNCHY
TURKEY TACOS

Seasonal Fruit

Corn

Side Salad

KENTUCKY -STYLE CHICKEN BOWL

Banana

**Baby Carrots** 

Side Salad

TATER TOT
NACHOS

Seasonal Fruit Tater Tots Side Salad

TURKEY

&GRAVY
W/MASHED POTATOES & ROLL

Apples Slices Feta Bean Salad Baby Carrots

The Daily Fresh...

## **GARDEN SALAD W/ CHICKEN**

Served with string cheese .garlic knot, and ranch dressing. "Salad w/out chicken can be requested any day of the week

#### **YOGURT PARFAIT**

Vanilla yogurt with fruit and granola

#### **VEGGIE SUB**

Fresh cucumbers and tomatoes served on a hoagie roll w/ American cheese and a balsamic dressing.

#### **DELI SANDWICH**

Turkey and American cheese served on a hoagie roll

# ALL MEALS INCLUDE:

BREAKFAST: FRUIT AND CHOICE OF MILK LUNCH: FRUIT, VEGETABLE, AND CHOICE OF MILK

\*MENU SUBJECT TO CHANGE WITHOUT NOTICE

--BREAKFAST--



HORCHATA OVERNIGHT OATS W/
BERRIES & GRANOLA
TUESDAY

MAPLE GLAZED DONUT
WEDNESDAY

**CONCHA**THURSDAY

BLUEBERRY CINNAMON CRUMBLE FRIDAY

--AVAILABLE DAILY--

SUNRISE SANDWICH\*
ASSORTED CEREAL W/STRING CHEESE
WARM BAGEL SERVED W/ CREAM CHEESE
YOGURT W/GRANOLA & STRAWBERRIES

# LUNCH ITEMS AVAILABLE DAILY

**MIGUEL'S BURRITOS\*** 

hean rice and cheese o

**VEGAN BEAN & RICE BURRITO** 

PAPA JOHN'S PIZZA\*

Cheese or Pepperoni

### **CHEESEBURGER**

Served on a whole grain bun with American cheese and includes tomato/lefture side

SPICY CHICKEN SANDWICH

ierved on a whole grain bun

TERIYAKI CHICKEN BOWL W/ STEAMED BROCCOLI

rved w/brown rice

\*DENOTES AN ITEM CONTAINING PORK